INVICTA FENCING CLUB PRE-SESSION

HEALTH CHECK

Last Updated: 21st June

To avoid queuing, handling of paperwork, and to reduce risk, please ***complete this form online just before leaving home***, and on arrival the COVID-19 officer checks (online) the form has been completed.

**Date:**

**Name:**

**Mobile Contact Number:**

**BF Membership Number:**

**Confirmation that I am fit to participate:**

*Participants answering DISAGREE to any of the questions should not travel to club and will need to contact the Club COVID-19 officer for more advice before returning to club. This form is only valid for the date that it is completed. A separate form must be completed for each day of participation in club sessions.*

1. I am not experiencing any Covid-19 symptoms (listed below)

* Fever
* New, persistent, dry cough
* Shortness of breath
* Loss of taste or smell
* Diarrhoea or vomiting
* Muscle aches not related to sport/training

**AGREE/DISAGREE**

1. I have not been diagnosed with COVID-19 within the last 4 weeks

**AGREE/DISAGREE**

1. I have not had any known exposure to anyone with confirmed or suspected Covid-19 in the last two weeks (e.g. close contact, household member)

**AGREE/DISAGREE**

1. I do not have any underlying health conditions which affects my immune system

(Examples include: chronic respiratory conditions including asthma; chronic heart, kidney, liver or neurological conditions; diabetes mellitus; a spleen or immune system condition; currently taking medicines that affect your immune system such as steroid tablets)

OR

I have underlying health conditions, but I have consulted with a medical professional and am advised it is safe for me to return to fencing. I will provide a copy of this letter to the Club welfare officer.

**AGREE/DISAGREE**

1. I have read and agree to the club COVID-19 briefing/instructions/policy

**AGREE/DISAGREE**

1. I acknowledge that I am responsible for providing my own equipment and this has been appropriately cleaned since last use.

**AGREE/DISAGREE**

1. I will bring my own sanitiser and follow all hygiene protocols, including ensuring that on arrival I wash/sanitise my hands

**AGREE/DISAGREE**

1. I agree to follow all instructions given by facility or club officials at the session

**AGREE/DISAGREE**